

# CRISIS RESOURCES

## **NATIONAL RESOURCES**

## **NUMBER**

|                                     |                |
|-------------------------------------|----------------|
| Suicide Prevention Line (call/text) | 988            |
| Trevor Project (LGBTQIA2s+)         | (866) 488-7386 |
| Trans Lifeline                      | (877) 565-8860 |
| Domestic Violence                   | (800) 799-7233 |

## **LOCAL RESOURCES**

## **NUMBER**

|                         |                |
|-------------------------|----------------|
| Missouri (KC locale)    | (888) 279-8188 |
| Kansas (Johnson County) | (913) 268-0156 |
| Domestic Violence       | (816) 468-5463 |
| LGBTQIA2s+ Violence     | (816) 561-0550 |

**the mental hug**

